

Intent:

At Chantry Community Primary School, we have tailored our PSHE Curriculum to meet the needs of all pupils and our community in order to be effective. There is no 'one-size-fits-all' solution. Our PSHE programme reflects the ethos of the school and demonstrates the following values: -Developing confidence and responsibility, through celebrating achievements and making the most of pupils' abilities, preparing pupils to play an active role as citizens, developing an understanding of how to be healthy and keep safe, developing good relationships and respecting the differences between people, preparing children for school transitions, whether that be nursery to reception, KS1 to KS2 or KS2 to secondary school. The new PSHE Curriculum which includes our RSE programme which is split into three main topics – Relationships and Friendships, Living in the Wider World and Health and Wellbeing. All aspects of RHE Curriculum are delivered in a safe space, allowing time and compassion for questions at a level that every pupil understands. Sensitive topics relating to RHE are delivered in a sensitive manner as part of a whole-school approach, where parents and teachers work in partnership. We provide pupils with an education that prepares them for the opportunities, responsibilities and experiences of adult life.

The Relationships and Health Education element of the PSHE Curriculum focusses on giving pupils the knowledge they need to make informed decisions about their wellbeing, health and relationships, and ensure they can talk to a trusted adult if there is anything worrying them. Health Education focuses on equipping pupils with the knowledge they need to make informed decisions about their own health and ensures they receive factual information about the changes they will experience emotionally and physically during puberty.

All pupils are taught aspects of sex education in their Growing and Changing unit of study, outlined in the Primary Science curriculum – this includes teaching about the main external parts of the human body, how the body changes as it grows from birth to old age, including puberty, and the reproductive process in some plants and animals. Any Sex Education included within the curriculum consists of age-appropriate content.

Implementation:

The Chantry PSHE Curriculum is fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study, which is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

Our curriculum provides opportunities for the children to safely express their views and to ask questions on different topics; to learn about key issues which could affect them in their present and future lives; how to improve relationships with others; to improve their attitudes to health by learning about harmful substances and to be healthy. They can improve their playground behaviour by learning about how to deal with conflicts in friendships and how to be a good friend. Their learning in Primary helps prepare them for their next stage in learning, from Secondary to their adult lives.

The PSHE curriculum is designed as a "spiralised curriculum" where key themes (such as health and wellbeing, relationships, and living in the wider world) are revisited regularly at increasing levels of complexity from Early Years to Key Stage 2, ensuring concepts are built upon and retained over time. The curriculum is accessible to all pupils, including those with Special Educational Needs and Disabilities (SEND). This involves tailoring the curriculum to meet specific needs through strategies like using visual supports, social stories, pre-teaching vocabulary, and providing additional time for development. The content addresses contemporary issues children face, such as online safety, mental health challenges, and different types of abuse and discrimination, making it relevant and challenging by linking it to real-life experiences. Beyond knowledge acquisition, the curriculum emphasizes developing skills such as decision-making, effective communication, building resilience, managing emotions, and critical thinking, which are challenging in practical application.

As a school, we draw links between RHE and other curriculum subjects wherever possible to enhance pupils' learning. RHE will be linked to the following subjects in particular:

- Science – pupils learn about the main external parts of the body and changes to the body as it grows from birth to old age, including puberty.
- Computing and ICT – pupils learn about e-safety, including how to use technology safely, responsibly, respectfully and securely, how to keep personal information private and how to access help and support.
- PE – pupils explore various physical activities, are physically active for sustained periods of time, engage in competitive sport and understand how exercise can lead to healthier lifestyles.
- Citizenship – pupils learn about the requirements of the law, their responsibilities and the possible consequences of their actions.

Impact:

Our PSHE Curriculum is designed to foster a range of skills crucial for the modern workplace:

Communication Skills: Through class discussions, presentations, and group projects, students learn to articulate ideas clearly, listen actively, and negotiate effectively. These skills are fundamental for teamwork and client interaction in any professional setting.

Problem-Solving and Critical Thinking: Children are encouraged to analyse complex issues, think creatively, and find solutions. These are core competencies in virtually all jobs and in higher education.

Teamwork and Collaboration: Group activities within the curriculum teaches children how to work effectively with others, respect different perspectives, manage conflict, and achieve shared goals.

Resilience and Adaptability: The PSHE and RSE components specifically address emotional wellbeing, managing change, and developing resilience. The ability to handle setbacks, adapt to new situations, and bounce back from challenges is vital for long-term career success and continuous learning.

Leadership and Personal Responsibility: Children are given opportunities to take on responsibilities, such as through ambassadors, which builds a sense of accountability and leadership skills.

Knowledge for the Future

Understanding the World of Work: Our PSHE curriculum incorporates learning about economic wellbeing, financial literacy, career pathways, and an introduction to the diverse range of jobs available. This helps students make informed decisions about their future learning and career choices.

Digital Literacy: The computing curriculum and the integration of technology across all subjects ensure students are digitally literate, a foundational skill for almost all future learning and employment.

Health and Wellbeing: By promoting physical and mental health, the curriculum ensures children are better equipped to sustain a productive and fulfilling working life.